



January 22, 2007

## Calling All Angels

If Da Vinci had chosen your hands as a subject, he'd have painted you holding a Starbucks in one and a cell in the other with both on the keyboard.



Put those restless phalanges to good use by volunteering for Angels

For Hope, a nonprofit that sends crocheted angels, butterflies, and smiley faces to anyone injured, ill, or in need of a pick-me-up.

Just fill out the membership form (needlework skills are an obvious must) and, once your application is processed, you'll receive the patterns and instructions you need to start crocheting the little symbols of cheer. When your mini masterpieces are finished, you mail them to their recipients, whose addresses are supplied by AFH.

Got a pal going through a rough time? Request that someone's handiwork be sent to your friend.

Your hands may not end up on the ceiling of a chapel, but they can still touch a heart.

Available online at [angelsforhope.org](http://angelsforhope.org).